

**START FITNESS NORTH EASTERN HARRIER LEAGUE
CROSS COUNTRY RISK ASSESSMENT CHECKLIST**

Race Location

Date of Assessment

1.	EVENT FACILITIES	Details of arrangements and precautions
1.1	Traffic approach routes	
1.2	Parking arrangements	
1.3	Registration & enquiries location (Is NEHL tent to be used?)	
1.4	Other covered accommodation available	
1.5	Toilets (location for portaloos)	
1.6	Route to course from parking area	
1.7	Refreshments available	
2.	THE COURSE	
2.1	Start - straight / layout *	
2.2	Finish - position / layout *	
2.3	Layout (width, tight turns, cambers, dips, lap length) *	
2.4	Surface problems (bricks, stones, tarmac, hoofmarks, deep mud) *	
2.5	Obstacles * (tree roots, low branches, tripping risks)	
2.6	Risks from animals	
2.7	Risks from vehicle access *	
2.8	Other nearby activities e.g. ball games	
2.9	Water risks (on course & nearby) *	
2.10	Other risks e.g. cliffs, barbed wire *	
2.11	Persons crossing the course *	
3.	PERSONNEL / EQUIPMENT	
3.1	First Aid location * (first aiders provided by NEHL)	
3.2	Traffic / Parking marshals needed	
3.3	Erection / dismantling of course by (tape, posts, barriers, signs etc.)	
3.4	Course marshals controlled by *	
3.5	PA system location (provided by NEHL)	
3.6	Location for club tents *	

* A map or maps should be prepared which shows:

- course layout (inc. start/finish)
- barriers, taped areas
- positions of course marshals
- location for club tents
- location of first aid point(s)
- designated crossing points (if any)
- specific on-course risks e.g. water, obstacles

Detailed guidance on risk assessment and event safety is available on the UKA website's 'Useful Documents'. See the UKA Guide to Cross Country Event Organisation, particularly pages 36 to 52.

Person carrying out Assessment

(Name)

(Signature)