

South Shields Harriers and Athletics Club
Sand Dancer 10k Multi terrain Race 2015
Provisional results. Sunday 19th April 2015.

pos no.	Name	Club	Time	Cat		Club	Time	
1	299 Harding, Ian	Morpeth	31:48 M		92	311 Mc. Aleeer, Adele		Blackhill 43:51 F
2	19 Burn, Andy	Jarrow & Hebburn	32:10 M		93	343 Fiona Shenton		Elvet Striders 43:53 F O/55
3	334 Kevin Jeffress	Sunderland Harriers	32:45 M	O/35	94	296 Fox, Gary		Sunderland Harriers 43:56 M O/45
4	336 Craig Isherwood	Sunderland Harriers	33:17 M		95	52 Dorman, Heather		Tyne Bridge 43:58 F O/40
5	337 Iain Twaddell	North Shields	33:37 M	O/40	96	49 Devlin, John		U/A 44:11 M O/35
6	286 Balmbra, Robert	U/A	34:05 M		97	365 Mark Joyce		South Shields 44:17 M O/45
7	344 Alex Murley	Durham	34:29 M		98	290 Coates, John		U/A 44:22 M O/40
8	253 Wallace, Gary	Blackhill	35:05 M		99	221 Stancliffe, Matthew		Hunwick Harriers 44:22 M O/45
9	57 Emmitt, Kevin	Jarrow & Hebburn	35:41 M	O/45 N	100	327 Wright, David		Heaton 44:26 M O/60 N
10	359 Mark Hodgson	South Shields	36:12 M		101	314 Rhodes, Stephen		Saltwell 44:29 M
11	368 Tim Kelso	Tyne Bridge	36:49 M	O/35	102	297 Goodfellow, David		Crook 44:36 M O/40 N
12	224 Stewart, Paul	South Shields	36:55 M	O/40	103	113 Jackson, Daniella		Blackhill 44:51 F
13	367 Brian Hetherington	Wallsend	36:57 M	O/50	104	348 Melanie Cooke-Dunlop		South Shields 44:52 F
14	98 Hodgson, Alan	Tyne Bridge	37:04 M	O/40 N	105	7 Baglin, David		Evenwood Rd.Run 44:54 M O/40
15	364 Lee Cuthbertson	TBH-no-counter	37:29 M		106	197 Revely, David		U/A 44:58 M O/50
16	43 Cutter, Richard	Gateshead	37:36 M	O/40	107	255 Walton, Ian		U/A 45:01 M O/35
17	68 French, Jon	Blyth	37:37 M	O/35 N	108	235 Tepage, Joel		Tyne Bridge 45:03 M O/35
18	15 Bowley, Jay David	U/A	37:38 M	O/40	109	36 Coleby, Tony		U/A 45:04 M O/50
19	176 O'Mara, Paul	Tyne Bridge	37:40 M		110	131 Kilner, Jo		U/A 45:06 F O/45
20	295 Duffy, Patrick	Blackhill	37:42 M	O/40 N	111	13 Bland, Dominic		U/A 45:07 M
21	326 Wilson, Mark	South Shields	37:55 M	O/35	112	218 Smith, Felicity		Elswick 45:13 F O/35
22	134 Knebel, Alan	Sunderland Harriers	37:58 M	O/45 N	113	171 Nichol, Scott		South Shields 45:16 M O/35
23	22 Campbell, Georgia	South Shields	38:10 F		114	293 Dobson, Iain		Sunderland Strollers 45:22 M
24	330 Scott Capewell	South Shields	38:16 M		115	140 Long, Paul		U/A 45:25 M
25	324 Wellings, Steven	Gateshead	38:25 M	O/40	116	301 Henderson, Brian		South Shields 45:27 M O/55
26	172 Norman, Ian	Heaton	38:27 M	O/50 N	117	109 Hughes, Nick		U/A 45:30 M O/45
27	137 Lister, Kevin	North East Vets.	38:32 M	O/40 ?	118	153 Mc.Manus, Allan		Sunderland Harriers 45:31 M O/35 N
28	257 Wardale, Graeme	U/A	38:33 M	O/35	119	23 Candlish, Dave		Saltwell 45:37 M O/40
29	16 Bradshaw, Darren	U/A	38:38 M	O/35	120	124 Kavanagh, Neil		Low Fell 45:41 M
30	121 Josephs, Daniel	U/A	38:41 M		121	53 Dornan, Wayne		Low Fell 45:45 M O/45
31	216 Simpson, Claire	Jarrow & Hebburn	38:49 F	O/35 N	122	276 Wood, Graham		U/A 45:49 M
32	300 Hearn, Peter	Tynedale	38:54 M	O/50	123	45 Davies, Tom		South Shields 45:51 M O/35
33	205 Roper, Paul	Sunderland Strollers	39:05 M	O/55	124	46 Davison, Andrew		U/A 45:59 M O/45
34	135 Leslie, Elaine	Jarrow & Hebburn	39:16 F	O/45 N	125	292 Curtiss, Shannel		Birtley 46:01 F O/35
35	120 Jones, Michael	South Shields	39:19 M	O/50 N	126	313 Pratt, Helen		Crook 46:02 F O/40 N
36	99 Hodgson, Colin	Blackhill	39:21 M	O/50 N	127	142 Lowe, Mike		Saltwell 46:04 M O/50
37	157 Middlemas, Ian	Blackhill	39:25 M	O/40	128	309 Laverick, Graham		Crook 46:13 M O/55 N
38	256 Ward, Jamie	South Shields	39:26 M		129	226 Stoker, Darren		U/A 46:23 M O/40
39	182 Paterson, Garry	Low Fell	39:39 M	O/45 N	130	246 Triplow, David		U/A 46:27 M
40	155 McIntyre, Sean	Wallsend	39:46 M	O/40	131	339 Bartholemew Spoor		U/A 46:29 M
41	241 Tinwell, Steve	Sunderland Strollers	39:58 M	O/50	132	125 Keegan, Alan		U/A 46:34 M O/40
42	243 Tollitt, John	Tyne Bridge	40:03 M	O/50	133	72 Gent, Simon		North Shields 46:35 M O/35
43	41 Crossley, William	Wallsend	40:16 M	O/35	134	116 Jenkins, Archie		Morpeth 46:36 M O/60 N
44	167 Myers, David	South Shields	40:19 M	O/40	135	189 Priestley, Louise		Blackhill 46:37 F O/40
45	156 Andrew Thornton	U/A	40:32 M		136	149 Marlee, Barry		Sunderland Harriers 46:59 M O/45 N
46	2 Allinson, Tony	Sunderland Harriers	40:39 M	O/40 N	137	85 Hartley, Michelle		U/A 46:43 F O/40
47	285 Balmer, Jon	South Shields	40:49 M	O/35	138	204 Rollings, Edward		U/A 46:48 M
48	335 Philip G.Green	Heaton	40:51 M	O/45	139	10 Barrett, Michael		U/A 46:51 M O/45
49	303 Hewitson, Geoff	Crook	41:03 M	O/55 N	140	170 Nichol, Gillian Louise		South Shields 46:52 F O/40
50	141 Long,James	Low Fell	41:05 M		141	323 Walsh, Mark		U/A 47:01 M O/45
51	369 Bill Wilson	U/A	41:13 M		142	73 Gibson, Jeanette		Wallsend 47:03 F O/40
52	318 Shearan, David	Jarrow & Hebburn	41:20 M		143	180 Parkin, Percy		Crook 47:05 M O/70 N
53	274 Wood, Adam	Tyne Bridge	41:20 M	O/35	144	229 Swales, Sarah		U/A 47:08 F
54	186 Phillips, Dean	Sunderland Harriers	41:22 M	O/45 N	145	102 Hornsby, Mark		U/A 47:08 M O/35
55	298 Hall, Colin	U/A	41:27 M		146	14 Bone, Alan		South Shields 47:14 M O/65 N
56	44 Dadswell, Ruth	Birtley	41:35 F	O/35	147	163 Morrow, Chris		Sunderland Strollers 47:15 M
57	245 Toop, Chris	U/A	41:37 M	O/35	148	39 Cotton, Vikky		Sunderland Harriers 47:20 F O/35 N
58	360 Adam Hodgson	U/A	41:40 M		149	272 Wisniewska, Darek		U/A 47:24 M O/35
59	151 Mc.Crory, John	Blackhill	41:43 M	O/45	150	357 Julie Cross		Claremont 47:25 F O/45
60	302 Heskett, Michael	Sunderland Harriers	41:46 M		151	194 Rayner, Andrew		U/A 47:26 M
61	260 Watson, John	U/A	41:49 M	O/55	152	76 Goundry, Matthew		U/A 47:28 M
62	69 French, Steven	U/A	41:51 M	O/40	153	174 Oliver, Jonathan		U/A 47:28 M O/50
63	366 Ian Salkeld	Jarrow & Hebburn	41:54 M	O/40	154	347 Amy Bound		South Shields 47:42 F O/35
64	278 Wood, Mark Anthony	South Shields	41:56 M	O/40	155	284 Young, Stephanie		Birtley 47:45 F O/45 N
65	177 Owen, Paul	U/A	41:57 M	O/35	156	87 Hedley, Tanya		U/A 47:48 F
66	342 Sophie Marr	Tyne Bridge	42:02 F		157	107 Hudson, Andrew		Jarrow & Hebburn 47:51 M
67	269 Wilson, Mark	U/A	42:03 M	O/45	158	249 Walker, Jacqui		Gateshead 47:52 F O/40
68	251 Walker, Peter David	South Shields	42:06 M	O/60 N	159	353 Raman Jehgal?		U/A 47:53 M
69	349 Danny Wade	Low Fell	42:19 M	O/35	160	354 Mavinder Chahal		U/A 47:53 M
70	341 Conrad White	Elvet Striders	42:28 M	O/55	161	143 Lows, Susan		Saltwell 47:54 F O/40
71	21 Cameron, Nina	Heaton	42:32 F	O/45 N	162	82 Hall, Richard		Elvet Striders 47:54 M O/55
72	370 John Wright	U/A	42:38 M		163	32 Clark, Paul		U/A 48:12 M O/50
73	161 Morgan, Peter	South Shields	42:38 M	O/55	164	148 Manifold, Stephen		Crook 48:14 M O/55
74	203 Roll, Keith	Low Fell	42:40 M		165	89 Henderson, Jayne		Crook 48:15 F O/45 N
75	237 Thirlwell, Judith	Sunderland Harriers	42:41 F	O/40	166	374 John Longstaff		Saltwell 48:16 M O/45
76	11 Barry, Daniel	U/A	42:42 M	O/35	167	358 Aison Bone		South Shields 48:17 F O/35
77	240 Thompson, Shaun	Evenwood Rd.Run	42:44 M	O/45	168	78 Graham, Chris		U/A 48:22 M
78	320 Sutcliffe, John	North Shields	42:46 M	O/35	169	94 Hetherington, Jessie		U/A 48:23 F
79	252 Walker, Tony	South Shields	42:47 M	O/45	170	86 Hedley, Ian		U/A 48:24 M
80	200 Roberts, Ellen	Heaton	42:58 F		171	345 Bryan Charlton		U/A 48:33 M O/50
81	104 Howard, Lee	U/A	42:58 M		172	361 Terry James Herbert		North East Vets. 48:36 M O/60
82	114 Jackson, Ian	Blackhill	43:06 M	O/35	173	310 Marlee, Stuart		U/A 48:37 M
83	338 Andrew Bell	U/A	43:11 M	O/45	174	40 Craig, Robert		U/A 48:38 M O/50
84	88 Hemming, Dave	Durham	43:15 M		175	132 King, Peter		U/A 48:39 M O/45
85	101 Holder, Gavin	U/A	43:20 M	O/40	176	277 Wood, Joanne		Tyne Bridge 48:39 F O/40
86	340 Karl Hussein	U/A	43:23 M	O/35	177	28 Charlton, Nicholas		U/A 48:45 M
87	115 Jackson-Bell, Lesley	pbfitness	43:27 F	O/55 N	178	202 Roffe, Deborah		U/A 48:46 F
88	271 Wiper, John	Low Fell	43:30 M	O/60	179	55 Dyer, James		Team Coco 48:48 M O/35
89	8 Baglin, Mark	Evenwood Rd.Run	43:33 M	O/45	180	67 Fox, Robert		U/A 48:52 M
90	207 Routledge, Danny	Heaton	43:39 M	O/35 N	181	220 Spoor, Debbie		U/A 49:12 F O/40
91	236 Thirlaway, Malcolm	Gateshead	43:42 M	O/55 N	182	12 Baxter, Val		Birtley 49:18 F O/50 N
					183	259 Watson, Chris		U/A 49:19 M
					184	312 Peacock, Adam		U/A 49:20 M
					185	306 Holliday, Peter		Sunderland Strollers 49:22 M O/55
					186	254 Wallace, Paul		Uknetrunner 49:35 M O/35
					187	225 Stobbs, Christine		U/A 49:38 F O/40

188	238	Thompson. Bryan	U/A	49:42	M	O/55	284	193	Rawlinson. Ann	U/A	58:18	F	O/35
189	24	Candlish. Jacqui	Saltwell	49:46	F	O/45	285	206	Rose. Hilary	U/A	58:20	F	O/45
190	106	Howe. Steven	Hartlepool Burn Road	49:52	M	O/45	286	160	Moores. Philip	Gateshead	58:22	M	O/60
191	25	Canterdale. Darren	U/A	50:01	M	O/35	287	331	Stephanie Louise Doxford	Soputh Shields	58:27	F	
192	144	Lynn. Sean	U/A	50:09	M	O/50	288	29	Checkley. Reg	Heaton	58:29	M	O/75 N
193	279	Wood. Michael Patrick	Sedgefield	50:15	M	O/60	289	234	Telfer. Helen	U/A	58:34	F	O/35
194	129	Kennedy. Luke	Sunderland Strollers	50:18	M		290	27	Carruthers. Kim	U/A	58:35	F	O/35
195	316	Robson. Ray	U/A	50:25	M	O/50	291	30	Clark. Denise	U/A	58:42	F	O/45
196	198	Revely. Jack	U/A	50:25	M		292	184	Pennington. Alix	U/A	59:54	F	
197	147	Manifold. Lynsey	Crook	50:35	F		293	152	Mc.Donald. Ken	South Shields	59:58	M	O/70 N
198	4	Anderson. Ailsa	U/A	50:39	F	O/45	294	81	Hall. Helen	Elvet Striders	60:03	F	O/45
199	181	Pascoe. Barry	Jarrow & Hebburn	50:44	M	O/65	295	282	Woolcock. Steven	U/A	60:08	M	
200	111	Hutchinson. Lisa	Sunderland Strollers	50:51	F	O/35	296	212	Sharma. Sheetal	Tyne Bridge	60:12	F	O/35
201	288	Carlosama. Sandra	Saltwell	50:51	F		297	242	Todd. Deborah	U/A	60:19	F	
202	168	Myers. Nicola	South Shields	50:51	F	O/35	298	100	Hodgson. Elizabeth	Gateshead	60:24	F	O/55
203	371	Scott Calvert	U/A	50:52	M	O/40	299	35	Coleby. Liz	U/A	60:28	F	O/50
204	90	Henderson. Sarah	U/A	50:52	F		300	47	Deary. Terry	Derwentside	60:29	M	O/65
205	294	Donnelly. Michael	Sun City Triathlon	50:52	M	O/40	301	56	Edwards. Susan	Sunderland Strollers	60:34	F	O/40
206	213	Shaverin. Nicola	Saltwell	50:58	F	O/40	302	103	Housego. Johnathan	U/A	60:36	M	
207	250	Walker. Michael Hugh	Gosforth	51:09	M	O/70 N	303	70	Fuller. Brandon	U/A	60:43	M	
208	275	Wood. Diane	Durham	51:10	F	O/50	304	62	Fornander. Mollie	U/A	60:43	F	
209	322	Tovell. Richard	U/A	51:25	M		305	127	Kelly. Patrick	Birtley	61:26	M	O/45 N
210	123	Jukes. Paul	U/A	51:26	M	O/40	306	332	Barry G.Marry	Birtley	61:28	M	O/50
211	262	Watson. Paul	U/A	51:32	M	O/45	307	31	Clark. Jill	North Shields	62:20	F	O/45
212	346	Stuart Romanis	U/A	51:33	M	O/55	308	329	Ben Allison	U/A	62:34	M	
213	185	Perry. Lisa	Saltwell	51:38	F	O/40	309	178	Page. Tracy	U/A	62:35	F	O/55
214	315	Richardson. Brian	Blackhill	51:51	M	O/50	310	42	Cruiley. Glen	U/A	62:36	M	
215	208	Rowe. Trevor	U/A	51:52	M	O/60	311	188	Pratt. George	U/A	62:38	M	O/65
216	233	Taylor. Peter	U/A	51:55	M		312	17	Brown. Alison	U/A	62:52	F	O/45
217	84	Harrison. Gareth	U/A	52:07	M	O/35	313	328	Peter Darke	U/A	62:53	M	O/50
218	71	Gatherer. David	Sunderland Strollers	52:19	M	O/60	314	355	Claire Smiles	U/A	62:55	F	
219	219	Sponton. Judith	Low Fell	52:20	F	O/45	315	319	Smiles. Donna	U/A	62:55	F	O/35
220	373	Chris Charlton	U/A	52:27	M	O/35	316	350	Gillian Allinson	U/A	62:55	F	O/40
221	210	Santer. Ben	U/A	52:31	M		317	196	Gerry. Neil	U/A	62:58	M	O/50
222	54	Downey. Lesley	South Shields	52:32	F	O/55 N	318	270	Wilson. Yvonne	Gateshead	43:45	F	O/45
223	66	Fox. Kim	U/A	52:35	F	O/40	319	38	Corbett. Angela	U/A	64:08	F	O/45
224	195	Readshaw. Graeme	U/A	52:42	M	O/40	320	136	List. Steve	U/A	64:09	M	O/45
225	363	Billy Shaw	U/A	52:43	M	O/40	321	83	Hargreaves. Sylvie	North Shields	64:21	F	O/40 N
226	228	Sutton. Shirley	U/A	52:54	F	O/40	322	48	Deritis. Vicki	Tyne Bridge	64:59	F	O/50
227	308	Jones. Adam	U/A	52:55	M		323	50	Dobson. Jo	U/A	65:02	F	O/35
228	150	Marr. Lynne	Tynedale	52:57	F	O/50 N	324	164	Morrow. Nicola	Sunderland Strollers	65:03	F	
229	60	Fenna. Sara	Saltwell	53:02	F		325	112	Hynes. Ann Marie	U/A	65:18	F	
230	3	Allison. Joanne	Crook	53:14	F	O/35	326	9	Barnes. Sue	U/A	65:20	F	O/60
231	214	Shaw. John	U/A	53:17	M	O/35	327	20	Cain. Melissa	U/A	65:43	F	
232	33	Clughen. Susan	Sunderland Harriers	53:17	F	O/60	328	1	Abdul. Nicole	U/A	67:17	F	
233	372	Chris Dolan	U/A	53:20	M		329	261	Watson. Lee	U/A	68:02	F	
234	165	Munro. Andy	U/A	53:32	M	O/35	330	351	Ruth Alderson	U/A	68:19	M	
235	77	Goundry. Paul	U/A	53:34	M	O/50	331	352	Rachael Morris	U/A	68:39	F	
236	97	Hirst. Meg	U/A	53:41	F		332	333	Ross Punton	U/A	68:48	M	
237	222	Stephenson. Heather	U/A	53:46	F	O/40	333	239	Thompson. Margaret	Sunderland Harriers	68:56	F	O/55
238	307	James. Debra	U/A	53:48	F	O/45	334	291	Cook. Lorraine	U/A	68:58	F	O/50
239	64	Forster. Denise	U/A	53:49	F	O/50	335	175	O'Mara. Elaine	Tyne Bridge	69:21	F	
240	356	Mike Gill	Blackhill	53:56	M	O/70	336	362	Evelyn Maholam	Tyne Bridge	69:38	F	O/45
241	126	Kelly. Donna	U/A	53:57	F		337	159	Monte. Nicholas James	U/A	72:32	M	O/45
242	34	Cole. Elaine	U/A	54:00	F	O/45	338	264	Wellford. S	U/A	72:33	M	O/35
243	267	Willis. Geoffrey	U/A	54:12	M	O/55	339	266	Williams. Rachel	U/A	72:52	F	
244	283	Wright. Stu	U/A	54:26	M	O/40	340	227	Sudan. Amar	U/A	74:52	F	O/55
245	96	Hindmarsh. Eric	U/A	54:27	M	O/55	341	244	Toop. Andrea	U/A	74:52	F	O/35
246	166	Mustard. Michelle	U/A	54:39	M	O/45							
247	18	Burlinson-Campbell. Tracey	Sunderland Strollers	54:40	F	O/40							
248	287	Burnett. George	U/A	54:45	M								
249	191	Prudham. Helen	U/A	54:54	F								
250	209	Sanders. Dann	U/A	54:55	M	O/40							
251	217	Smith. Deb	Sunderland Harriers	54:57	F	O/45							
252	138	Lloyd. Claire	Saltwell	54:59	F								
253	201	Robertson. Sam	Saltwell	54:59	F	O/35							
254	305	Holland. George	U/A	55:08	M								
255	268	Wilson. Amanda	South Shields	55:22	F								
256	63	Forrester. Paul	U/A	55:28	M								
257	37	Cooksey. Jennifer	U/A	55:28	F								
258	230	Swinburne. Fiona	Elvet Striders	55:29	F	O/40							
259	317	Sainthouse. Rachel	U/A	55:40	F								
260	58	Emmitt. Tracey	Jarrow & Hebburn	55:44	F	O/45 N							
261	179	Park. Donna	U/A	55:46	F	O/35							
262	130	Kerry. Morag	Tyne Bridge	55:56	F	O/45							
263	91	Hern. Dennis	Sunderland Harriers	55:56	M	O/45							
264	92	Hern.Maureen	U/A	55:57	F	O/45							
265	59	Fail. John	U/A	55:57	M	O/40							
266	95	Hetherington. Lee	U/A	55:58	M	O/40							
267	304	Hodges. Alison	Blackhill	56:12	F	O/45							
268	119	Johnson. John	U/A	56:24	M	O/70							
269	187	Potter. Arthur	South Shields	56:25	M	O/70 N							
270	75	Gordon. Alan	U/A	56:25	M	O/50							
271	169	Nagoose. Anne	U/A	56:45	F	O/55							
272	117	Johnson. Dean	U/A	56:56	M								
273	118	Johnson. Ewa	Blyth	57:12	F	O/45							
274	93	Hetherington. Christopher	U/A	57:12	M	O/40							
275	61	Fisher. Rebecca	Elvet Striders	57:12	F	O/35							
276	321	Telford. Jack	U/A	57:20	M								
277	128	Kelly.Tina	Ponteland	57:23	F	O/40							
278	265	White. Patricia	South Shields	57:34	F	O/60 N							
279	183	Pearce. Malcolm	U/A	57:35	M	O/50							
280	248	Walker. Andrea	U/A	57:42	F	O/45							
281	133	Kirton. Tammy	U/A	57:54	F	O/35							
282	122	Jukes. Margaret	U/A	57:56	F	O/35							
283	192	Purdham. Allen	Crook	58:03	M	O/75 N							

Men's teams:

Pos	Score	Club	Counters
1	29	Sunderland Harriers	3 Kevin Jeffress 4 Craig Isherwood 22 Knebel. Alan
2	43	South Shields	10 Mark Hodgson 12 Stewart. Paul 21 Wilson. Mark
3	44	Tyne Bridge	11 Tim Kelso 14 Hodgson. Alan 19 O'Mara. Paul
4	60	Jarrow & Hebburn	2 Burn. Andy 9 Emmitt. Kevin 49 Shearan. David
5	61	Blackhill	8 Wallace. Gary 20 Duffy. Patrick 33 Hodgson. Colin
6	90	Wallsend	13 Brian Hetherington 37 McIntyre. Sean 40 Crossley. William
7	122	Gateshead	16 Cutter. Richard 24 Wellings. Steven 82 Thirlaway. Malcolm
8	147	Low Fell	36 Paterson. Garry 47 Long. James 64 Danny Wade
9	151	Heaton	25 Norman. Ian 45 Philip G. Green 81 Routledge. Danny
10	167	Sunderland Strollers	31 Roper. Paul 38 Tinwell. Steve 98 Dobson. Iain
11	191	North Shields	5 Iain Twaddle 71 Sutcliffe. John 115 Gent. Simon
12	241	Evenwood Rd. Run	70 Thompson. Shaun 80 Baglin. Mark 91 Baglin. David
13	246	Crook	46 Hewitson. Geoff 90 Goodfellow. David 110 Laverick. Graham
14	301	Saltwell	89 Rhodes. Stephen 103 Candlish. Dave 109 Lowes. Mike

Women's teams:

Pos	Score	Club	Counters
1	36	South Shields	1 Campbell. Georgia 14 Melanie Cooke-Dunlop 21 Nichol. Gillian Louise
2	42	Blackhill	10 Mc. Aleer. Adele 13 Jackson. Daniella 19 Priestley. Louise
3	48	Birtley	4 Dadswell. Ruth 17 Curtis. Shannel 27 Young. Stephanie
4	51	Tyne Bridge	5 Sophie Marr 12 Dorman. Heather 34 Wood. Joanne
5	77	Jarrow & Hebburn	2 Simpson. Claire 3 Leslie. Elaine 72 Emmitt. Tracey
6	87	Sunderland Harriers	7 Thirlwell. Judith 24 Cotton. Vikky 56 Clughen. Susan
7	89	Crook	18 Pratt. Helen 31 Henderson. Jayne 40 Manifold. Lynsey
8	112	Saltwell	30 Lowes. Susan 39 Candlish. Jacqui 43 Carlosama. Sandra
9	160	Elvet Striders	11 Fiona Shenton 70 Swinburne. Fiona 79 Fisher. Rebecca
10	202	Sunderland Strollers	42 Hutchinson. Lisa 63 Burlinson-Campbell. Tracey 97 Edwards. Susan
11	229	Gateshead	29 Walker. Jacqui 95 Hodgson. Elizabeth 105 Wilson. Yvonne

Prize winners: Men

1st.	1	31:48	299 Harding. Ian	Morpeth
2nd.	2	32:10	19 Burn. Andy	Jarrow & Hebburn
3rd.	3	32:45	334 Kevin Jeffress	Sunderland Harriers

Over 35:	11	36:49	368 Tim Kelso	Tyne Bridge
Over 40:	5	33:37	337 Iain Twaddle	North Shields
Over 45:	9	35:41	57 Emmitt. Kevin	Jarrow & Hebburn
Over 50:	13	36:57	367 Brian Hetherington	Wallsend
Over 55:	33	39:05	205 Roper. Paul	Sunderland Strollers
Over 60:	68	42:06	251 Walker. Peter David	South Shields
Over 65:	146	47:14	14 Bone. Alan	South Shields
Over 70:	143	47:05	180 Parkin. Percy	Crook
Over 75:	283	58:03	192 Purdham. Allen	Crook
Over 80:	None in category.			

Prize winners: Women

1st.	23	38:10	22 Campbell. Georgia	South Shields
2nd.	31	38:49	216 Simpson. Claire	Jarrow & Hebburn
3rd.	34	39:16	135 Leslie. Elaine	Jarrow & Hebburn

Over 35:	56	41:35	44 Dadswell. Ruth	Birtley
Over 40:	75	42:41	237 Thirlwell. Judith	Sunderland Harriers
Over 45:	71	42:32	21 Cameron. Nina	Heaton
Over 50:	182	49:18	12 Baxter. Val	Birtley
Over 55:	87	43:27	115 Jackson-Bell. Lesley	pbfitness
Over 60:	232	53:17	33 Clughen. Susan	Sunderland Harriers
Over 65:	None in category.			
Over 70:	None in category.			